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This Annual Report covers activities and performance for our 2018 financial year: 1 October 2017 – 30 September 2018

Front cover image: Beatriz, aged 9 from Covalima, likes to eat porridge made from moringa and eggs two of the highly nutritious superfoods we promote through our Better Food Better Health project. Photo: Jaime dos Reis/World Vision

### Foreword

I am pleased to share World Vision in Timor-Leste's 2018 Annual Report. This year, World Vision assisted 87,890 people across four municipalities. This report shows how we helped children and families access improved healthcare, clean water and sanitation; reduced violence against women and children; and improved household livelihoods and resilience, especially in times of natural disasters.

#### "This year, World Vision in Timor-Leste assisted

87,890 people."

We continued our core nutritionsensitive agriculture programming through our Better Food Better Health and To'os ba Moris Di'ak (TOMAK) Farming for Prosperity projects, which worked to improve the health and nutrition of children and families through better farming practices. As Timor-Leste has one of the highest rates of undernutrition globally, this is incredibly important and life-changing work.

Our Baucau Water for Future project completed its fourth and final year of implementation. The project evaluation found the proportion of households using an improved drinking water source increased from 23 percent to 92 percent in project areas. This is a wonderful result for community members, particularly women and girls who no longer have to walk long distances to collect clean water.

Our Reducing Gender-Based Violence project in Aileu also ended this year, with the evaluation finding that the proportion of adults at the household level who think a husband is justified in hitting or beating his wife decreased from 92 percent to seven percent. We know that changing behaviours is a long and complex process, so our work continues through our new Towards a Future Free from Violence project which aims to ensure that women, men, boys and girls are equal, safe and mutually respected in Aileu and Baucau Municipalities. This integrated gender and child protection approach is another of our core programming models. Also this year, we launched our internal 'It Takes a World to End Violence Against Children' advocacy campaign in preparation for our external launch in Dili.

In 2018, we sought to foster innovation by starting work on Kartaun Bele, a digital cash platform that will help rural households access financial services. As we move towards a pilot and expansion in the coming year, I'm very excited about the potential of Kartaun Bele to promote financial inclusion and transform lives in Timor-Leste.

To our partners, including the Government of Timor-Leste at the national and municipal levels, and to our donors, including the Australian and New Zealand Governments, I want to thank you for your tremendous and vital support as we work alongside communities to improve the lives of girls, boys, women and men in Timor-Leste. Obrigadu wain.



**Fabiano Valente Franz** Country Director World Vision in Timor-Leste

### **About us**



World Vision in Timor-Leste is part of the World Vision International partnership — one of the world's largest non-government humanitarian and development agencies. World Vision in Timor-Leste is one of six countries under the sub-regional office of World Vision Pacific and Timor-Leste, which also includes the Papua New Guinea, Solomon Islands and Vanuatu national offices, and Australia and New Zealand fundraising offices.

World Vision in Timor-Leste began its first project in Aileu municipality in 1995. Shortly after the country's

independence referendum in 1999, World Vision opened its national office in Dili. Today, we have three Area Programs implementing projects in four municipalities: Aileu, Baucau, Bobonaro and Covalima.

As at September 2018, we had 96 employees, including 92 local and four international staff, and two volunteers. In this financial year, our major donors included the Australian Government, New Zealand Government and Aktion Deutschland Hilft.







#### Globally through World Vision

Every 60 seconds a family gets water.

**Together we've impacted the lives** of over 200 million vulnerable children by tackling the root causes of poverty.

Over the last five years, 89 percent of the severely malnourished children we treated made a full recovery.

## Our mission and strategy

## Our mission is Labarik saudavel ba komunidade forte – Healthy children for strong communities.

We recognise that children's health is holistic in nature and includes their physical, mental, intellectual and social wellbeing.

We aim to empower Timorese children to transform their lives, in partnership with their families and communities.

#### Our three strategic objectives:



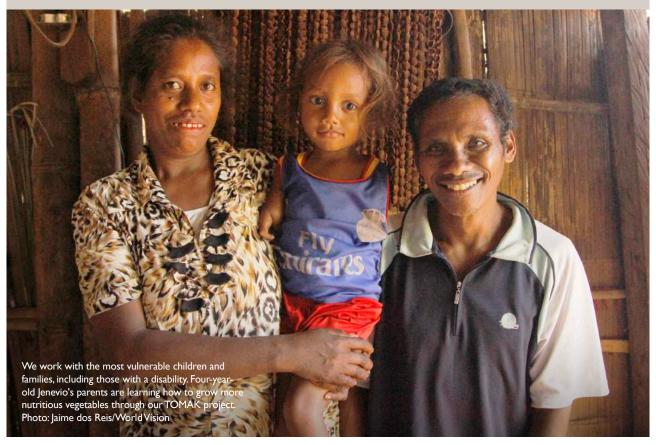
Ensure children enjoy good health, safe water and improved sanitation



Reduce violence against women and children



Enhance community resilience and livelihoods







# Improving health, water and sanitation



**16,602 people** supported, including 7,345 children



**86 community health volunteers** supported to deliver health services



**2 water systems** constructed serving **3** *aldeia* (sub-village)



273 household toilets built

In partnership with health centres, government and community leaders, World Vision promoted vital health and nutrition practices. We aimed to improve the health of children under five and their mothers by improving nutrition, protecting from infection and disease, and ensuring access to essential health services.

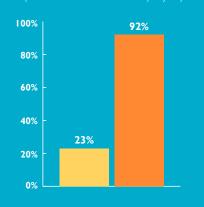
Our nutrition-sensitive agriculture approach helped to improve the nutrition of children and mothers by supporting rural households to grow, eat and sell locally available, highly nutritious 'superfoods', including orange sweet potato, soy bean, red kidney bean, mung bean, moringa and egg. Our Better Food Better Health project, supported by the Australian Government through the Australian NGO Cooperation Program (ANCP) and Dove Charitable Trust, used this approach to improve nutrition in Aileu, Baucau, Bobonaro and Covalima municipalities. As an implementing partner of the *To'os ba Moris Di'ak* (TOMAK) Farming for Prosperity project in Baucau, supported by

**Prosperity project** in Baucau, supported by the Australian Government, World Vision also used this approach.

We also worked to increase access to safe and reliable water supplies, and promoted handwashing and the elimination of open defecation. Our **Baucau Water for Future project**, supported by the New Zealand Aid Programme, completed its final year and helped to improve community health and hygiene by constructing water systems, installing toilets and increasing knowledge of good hygiene practices.

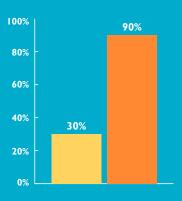
### Proportion of households using an improved drinking water source

(Baucau Water for Future project)



#### Proportion of households with an improved toilet

(Baucau Water for Future project)



2015 baseline 2018 evaluation



#### Terezinha takes the lead to improve child nutrition

Terezinha always has a welcoming smile and, although busy with sons Jordanio, 4, and João, 2, she is dedicated to supporting other families in her community. This mother from Aileu is also a community health volunteer and leader of a food processing group that is producing and selling nutritious snacks at local markets and shops.

The food processing group she leads has 10 members — six women and four men — that meet twice a week to process nutritious superfoods like orange sweet potato, soy bean and egg into crackers, tofu and omelettes to sell. "I received training from World Vision staff about local superfoods and processing food," she said.

The Better Food Better Health project also supports Terezinha as a community health volunteer to run superfood cooking demonstrations for parents, visit households to monitor malnourished children, and connect families with local health services.

"Before I had no capacity to lead people, but after the training I got the self-confidence to lead other women. I am always close to them to help change their mentality and provide advice to them, and I always encourage them to join the group sessions," the 28-year-old said.

With the skills and knowledge she has learned, Terezinha is creating a better life not just for herself and her family, but also for other families.

"Now I train other groups in food processing, health promotion about nutritious food, and cooking training for men," she said.

"I have created jobs for myself and others. And I have ideas to do more small business activities to process superfoods in other locations to improve household incomes," she said.

Terezinha's food processing group earns up to US\$20 every week from selling their products. On market day, Terezinha isn't shy to use a megaphone to sell her group's crackers, tofu and cakes. And while she's at it, she also promotes the benefits of eating nutritious superfoods.



# Reducing violence against women and children



#### 2, 198 people supported



**1,483 people** exposed to advocacy initiatives about violence and harmful cultural practices

We worked to address gender equity, increase female participation and leadership, and counteract violence against women and children. Alongside communities, local leaders and government officials, we helped to reduce gender-based violence by changing the attitudes and behaviours of men, women, boys and girls.

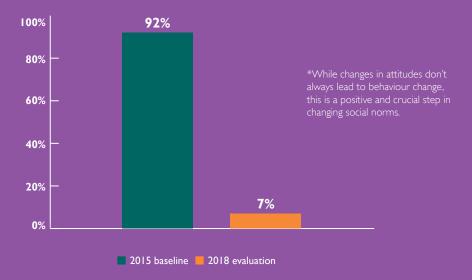
Our Reducing Gender-Based Violence project helped communities in Aileu to address gender-based violence by focusing on harmful attitudes and behaviours towards women and violence survivors. Through our Channels of Hope model, the project

explored power relationships that lead to gender discrimination, and provided training and activities for community members, chiefs, faith leaders and key service providers.

While this project ended in June, our new **Towards a Future Free from Violence project** commenced in July. The project works with parents, teachers, youth and community leaders to reduce violence against women and children in the home and at school. Both projects were supported by the Australian Government through the Australian NGO Cooperation Program (ANCP).

### Adults at household level who think a husband is justified in hitting or beating his wife under certain circumstances

(Reducing Gender-Based Violence project, Aileu)





#### A family reunited

Celestino used to experience conflict at home. "My parents had problems, including shouting and not accepting each other's ideas, and it led to them living separately," the 27-year-old said.

"As long as our parents lived separately, I immediately felt negative effects because I could not get the love and affection of my parents," his 15-year-old sister Juliana added.

Celestino convinced his mother to return home, however his parents still could not communicate with each other and their issues remained unresolved. "There was still a sense of resentment between them," Celestino said.

Through the Reducing Gender-Based Violence project, World Vision established Community Action Teams (*Ekipa Hadomi Familia*) to raise awareness and

address gender-based violence, with support from religious and community leaders and local NGOs.

Celestino received training on gender, conflict resolution and reducing domestic violence through the Rural Youth Unifying Group Centre, supported by World Vision. The centre then selected Celestino to become a member of the Ekipa Hadomi Família

After the training, Celestino knew how to help solve his family's problems. "I advised my parents to attend the gender training. I observed that while on the training, my parents were very happy and wanted to solve their own problems because they thought that it was not good for the family and their children's future," he said.

João, Celestino's father, shared how his family's lives have changed. "The neighbours always knew our internal problems, and this made us very embarrassed. However, today we live in peace, happiness and have no more problems ... I am also very proud after being involved in the training because my mentality has changed," he said.

Celestino's mother, Joana, is also happy about the change. "My past problem was so serious that I decided to break away from my family, but after the training, my mentality and thinking has changed. I realise that family is a wonderful hope for my life." she said.

For Celestino, the training has transformed a culture of conflict into a culture of peace within his family. "Now there are no more problems and my family has been living peacefully," he said.



# Improving community resilience and livelihoods



13,700 people supported



52 savings groups established



729 savings group members

Our work built economically sustainable and resilient households. We established village-based savings and loan schemes, and trained producers and farmers to improve their crops, overcome market barriers and increase their profits. We also helped communities adapt to climate change and reduce their vulnerability to natural disasters.

The 2015-2016 El Niño crisis drastically affected Timor-Leste with low rainfall causing crop failure and food and water shortages. In response, our **Bobonaro El Niño Response and Resilience project**, supported by Aktion Deutschland Hilft, worked to increase community resilience to disasters through climate adaptive farming practices, water management, and access to savings and markets. Our new

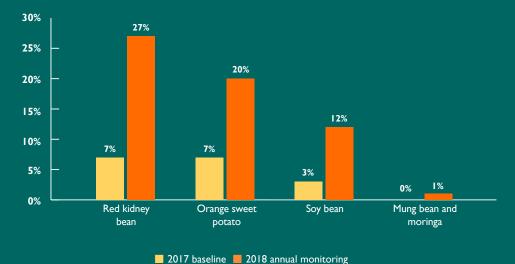
Disaster READY project also helped

communities strengthen disaster preparedness and resilience by identifying risks and developing response plans. This project is supported by the Australian Government, and World Vision is a project consortium partner along with CARE International, Plan International and Oxfam.

To promote financial inclusion for the rural poor, World Vision started work on an innovative initiative called *Kartaun Bele*. A digital cash platform providing payments, transfers and storage, *Kartaun Bele* will enable rural households to better access financial services. While currently in its early stages, in the future *Kartaun Bele* will help World Vision facilitate digital cash transfer programs to beneficiaries in both long-term development projects and emergency response.

#### Households earning income from selling superfoods

(Better Food Better Health project, Aileu)





#### More crops, more income for Julio's family

Julio and his wife Judit live with their four daughters in Bobonaro. The 2015-2016 El Niño severely impacted Julio's family, causing their crops to fail.

Julio used to struggle to grow enough produce to provide for his family. "Before I was involved with the World Vision project, I had little, even zero, as my monthly income," he said.

His children's nutrition suffered as a result. "We found it hard to eat nutritious foods, so we just ate pumpkin leaves and papaya. There was no other variety of foods," his I 3-year-old daughter Sandra said.

World Vision's Bobonaro El Niño Response and Resilience Project helped families like Julio's become more resilient to natural disasters by improving food security and water management. Julio learned how to plant trees, manage nurseries, and grow and sell nutritious vegetables. As the leader of his farmer's group, he then shared this knowledge with the other group members.

"We are now planting more orange sweet potato, moringa, rockmelon and mung bean. These will provide additional revenue for us this year," he said. His farmer's group now also grows mahogany, breadfruit, papaya, eggplant, tomato, sweet tamarind and corn.

"Our group has sold vegetables to Balibo market and around the village. The group earned US\$1,400 in 2017. So far in 2018, our group has harvested more than 1,000kg of mung beans. So, the group's income has reached around US\$1,000-1,500 for the last two months [March to April]," Julio explained.

"I feel there is a significant change in my family's life because we have enough income after getting involved in this project," Judit said. "I have been cooking highly nutritious meals for my children, using local food from my own farm."

Their children have also seen a positive change. "Our parents have the ability to buy school stationery, give us pocket money when we go to school, and we eat a variety of vegetables. We feel that our health has improved compared to the past," Sandra said.

"Now I have enough income to guarantee a decent life for my family," Julio said. He and Judit will grow more crops to increase their income, so their daughters can go to university.

## **Our local partners**

#### Government

#### Civil society and private sector

Ministry of Agriculture and Fisheries

Ministry of Commerce, Industry and Environment

Ministry of Education

Ministry of Health

Ministry of Interior

Ministry of Social Solidarity

Polícia Nacional de Timor-Leste (PNTL)

National Directorate for Climate Change

National Directorate for Water Services

National Health Institution

Secretary of State for Environment

Aileu Municipality Administrator

Baucau President of the Authority

Bobonaro President of the Authority

Covalima Municipality Administrator

Al-Com

Aileu Assemblia de Deus

Aileu Health Centre

Aileu Women's Development and Action

Alola Foundation

Asistensia Legal ba Feto no Labarik

Ba Futuru

CARE International

Casa Vida

Catholic Church

Catholic Relief Services

Church of Christ

Cruz Vermelha de Timor-Leste

Institute for Enterprise Development

Instituto Secular Maun Alin Kristo

Mane Ho Visaun Faun

Oxfam International

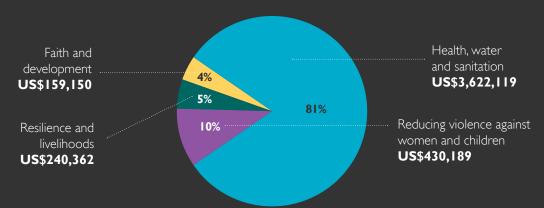
Plan International

Ra'es Hadomi Timor Oan

## Expenditure overview

World Vision in Timor-Leste's total expenditure in the 2018 financial year was **US\$4,451,820** 

#### **Expenditure by sector**



#### **Contact us**

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World Vision is a global Christian relief, development and advocacy organisation dedicated to working with children, families and communities to overcome poverty and injustice. World Vision serves all people, regardless of religion, race, ethnicity, or gender.